

Curriculum Vitae: Surg Capt Vidhu Bhatnagar

Name: Surg Capt (Dr) Vidhu Bhatnagar

Date of Commissioning In Indian Armed Forces: 13-03-1999

Degree: MBBS Nov 1998, AFMC Pune, Pune Univ

MD (Anesth) Jun 2007, INHS Asvini, Bombay Univ

DNB (Anesth) Dec 2009, NBE, New Delhi

DM (Neuroanesth) Dec 2013, Sree Chitra Tirunal Institute of Medical Sciences and Technology, Thiruvananthapuram

FAIMER Fellow 2019

AHA certified BLS and ACLS Instructor

Royal College of Surgeons certified CCrISP Instructor

ACS certified ATLS Instructor

DQMHHO (Diploma in Quality Management of Hospital & Healthcare Organization) from Symbiosis,

DTA (Diploma in Transactional Analysis) from ICTA

Pedistars trained Simulation Instructor

VAST Instructor

PG Diploma in Bioethics

Designation: Prof, Sr Adv (Anaesth & Critical Care) & Neuroanesthesiologist, Dept of Anesth & Critical Care, Command Hospital Chandimandir, Chandigarh

**Institutional Affiliations: Command Hospital Chandimandir,
Chandigarh**

Deployed in Operation Vijay (Kargil War in 1999) and Operation Parakram (Parliament attack in Dec 2001) while serving with 327 Field Hospital as Medical officer, Deployed with Engineer regiment for demining at International Boundary at Rajasthan while serving in 173 Military Hospital as Medical Officer.

Total Number of Publications: 56

National: 41; International: 15

Scientific Committee member in ISNACC 2018 SAFECON,

Reviewer for MJAFI, BMC Anaesthesiology, JNACC, JMMS, IJCCM

Presented papers in multiple National & international conferences

Technical expert for OT layout and commissioning in Indigenous aircraft carrier Vikrant, while it was being built in Cochin Shipyard Limited

Technical expert during making of air evacuation pod at INS Garuda, Southern Naval Command, for air transport of sick COVID patient in 2020-2021 (<https://www.youtube.com/watch?v=Q7lvkwKNnL0&t=5s>)

Curated course for COVID Warriors (General duty sailor who were required to work in Quarantine setup)

(<https://www.youtube.com/watch?v=pFN2aenk4cU&t=18s>)

Represented India in Asian Defence Ministers Meeting Nov 2021 (ADMM plus EWG) as the sole Women Representative

Selected to undergo Women In Leadership course at LBSNAA, Mussoorie, in Aug 2022

Presented papers in International Military Medicine 2018, 2021, 2022

Review Article on Traumatic Brain Injury published in International Military Medicine Journal

- Achievements:**
1. Distinction in ENT
 2. First prize in poster presentation in ISNACC 2013
 3. Certified Counsellor in Robert Carkhuff model of Counselling: contributed to the special edition on counselling of Bombay Hospital Journal with her two articles on Burnout syndrome and Pre and Post surgical counselling.
 4. Author of five books:
 - a. “How I Survive, Vizmom!” in 2016
 - b. “Surviving Stress: Rediscover the Awesome You” in Oct 2017
 - c. “Knock,Knock. I am your Anesthesiologist” in Jan 2018
 - d. E book “Celebrate Parenthood” in 2020; kindle edition
 - e. “PS I love you. Notes to my younger self” in Nov 2023
 5. Contributor and Chief Editor of the book “75 steps towards enhanced efficiency”, published in Oct 2022
 6. Contributed chapter “Anesthesia Implications in Epilepsy” in the book Neuroanaesthesia Practical Tips by D Baheti.
 7. Academic editor of e-newsletter of The Society of Defence Anaesthesiologists: “The Tranquility Times”.
 8. Best reviewer award in AFMRC 2025

9. Contributed chapter in “Yearbook of Anesthesiology 15’ published in 2026

10. Co Author of Military Trauma Medical Management Anaesthesiology volume 4 along with Brig Yudhvir Suri, VSM

11. Motivational speaker; has taken multiple sessions for women and children on Holistic health, work life harmony, stress management

(<https://www.youtube.com/watch?v=SiagPSZV6uo>)

12. Featured in article in various online platforms

[Dr. Vidhu Bhatnagar’s Dear Me: PS I Love You: Reflections on Resilience and Self-Growth – Delhi News Watch](#)

[Dr. Vidhu Bhatnagar’s Dear Me: PS I Love You: Reflections on Resilience and Self-Growth – Rajasthanjournal.com](#)

[Dr. Vidhu Bhatnagar’s Dear Me: PS I Love You: Reflections on Resilience and Self-Growth – UP Patrika](#)

[Dr. Vidhu Bhatnagar’s Dear Me: PS I Love You: Reflections on Resilience and Self-Growth – Madhya Pradesh Mirror](#)

13. Books kept in World Book Fair at Pragti Maidan 2023, 24 25 at Notionpress stall and Bluerose publishers stall (<https://www.youtube.com/watch?v=F4aflw2GSe0>)

14. ‘Dear Me: PS I love you’ book kept in London Book Fair at London from 10-12 ar 2026

Areas of interest:

1. Neuroanaesthesiology
2. Resuscitation
- 3 Quality Assurance in Medical practice
4. Bioethics
- 5 Soft skills and communication
6. Counseling

